

ROAD SAFETY AND YOU

Written by ADMIN

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Road safety is a very important aspect of being out on the road; either driving or riding as a passenger. Motor vehicle collisions are a major factor for personal injury cases. Injuries from road accidents are much greater in number than that from any other mode of transportation

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Road traffic injuries and crashes are a huge public health problem.

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There are many factors that can influence the occurrence of a road traffic accident. These can be related to the driver, the vehicle, or the conditions of the road itself.

The driver's physical conditions, such as illness or fatigue, or age can be a major influence in traffic safety

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The vehicle may have mechanical defects that may result in a road traffic collision.

The road itself can often aid in collisions; this can be related to the poor lack of sight, etc.

There are many procedures that you, the driver or passenger, can take to help prevent or reduce the severity of road traffic collisions. Safety procedures should always be in mind when driving on the road. Always wear or use the proper safety equipment; sea

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t belts

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car seats

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booster seats

, etc.

Ensure that your vehicle is equipped with properly operating lights and deflectors to aid in crash avoidance.

Never, ever drive while under the influence of prescription or illegal drugs or alcohol.

Do not operate a mobile phone while driving; especially text messaging.

Always carry
auto insurance
with you especially liability insurance.

Last but not least, always obey all driving rules and laws.

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